

Montag , 01.04

Dienstag , 02.04

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Linda

18:30 - 19:25

BBP (Bauch, Beine,
Po) / Bodytone
Arliiss

19:35 - 20:30

Fitboxe
Judith

Mittwoch , 03.04

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Donnerstag , 04.04

09:15 - 10:10

Full Body Workout
Daniela

18:00 - 18:30

Upcon
Daniela

18:40 - 19:35

Yoga
Beatrice

Freitag , 05.04

09:15 - 10:10

Yoga
Lisa

12:10 - 12:40

P.I.I.T
Ana

18:00 - 18:55

Pilates
Aiyana

Samstag , 06.04

Sonntag , 07.04

10:00 - 10:55

Zumba
Ana