

Montag , 25.03

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Nadine

19:05 - 20:00

Pump
Mariana

Dienstag , 26.03

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Daniela

18:30 - 19:25

*BBP (Bauch, Beine,
Po) / Bodytone*
Arliiss

19:35 - 20:30

Fitboxe
Judith

Mittwoch , 27.03

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Donnerstag , 28.03

09:15 - 10:10

Full Body Workout
Daniela

18:00 - 18:30

Upcon
Daniela

18:40 - 19:35

Yoga
Beatrice

Freitag , 29.03

10:00 - 10:55

Aerobic Special
Ana

Samstag , 30.03

Sonntag , 31.03