

Montag , 10.03

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 11.03

18:15 - 19:10

Core meets HIIT
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mittwoch , 12.03

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Muscle Work
Anna

Donnerstag , 13.03

18:30 - 19:25

Fitboxe
Rebecca

Freitag , 14.03

18:00 - 18:55

Zumba
Andrea

Samstag , 15.03

Sonntag , 16.03