

Montag , 30.12

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 31.12

18:15 - 19:10

Core meets HIIT
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mittwoch , 01.01

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Donnerstag , 02.01

18:30 - 19:25

Fitboxe
Céline B.

Freitag , 03.01

18:30 - 19:25

Zumba
Andrea

Samstag , 04.01

Sonntag , 05.01