

**Montag , 23.12**

**18:00 - 18:55**

*Bodycombat*  
Sonia

**19:00 - 19:55**

*Bodybalance*  
Sonia

**Dienstag , 24.12**

**18:15 - 19:10**

*Core meets HIIT*  
Sandra

**19:15 - 20:10**

*Functional Workout*  
Sandra

**Mittwoch , 25.12**

**18:00 - 18:55**

*Zumba*  
Andrea

**19:10 - 20:05**

*Pump*  
Anna

**Donnerstag , 26.12**

**18:30 - 19:25**

*Fitboxe*  
Celine B.

**Freitag , 27.12**

**18:30 - 19:25**

*Zumba*  
Andrea

**Samstag , 28.12**

**Sonntag , 29.12**