

Montag , 04.11

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 05.11

18:15 - 19:10

Core meets HIIT
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mittwoch , 06.11

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Donnerstag , 07.11

19:00 - 19:55

Fitboxe
Ruth

Freitag , 08.11

18:30 - 19:25

Zumba
Andrea

Samstag , 09.11

Sonntag , 10.11