

Montag , 30.09

18:00 - 18:55

Bodycombat
Laura

19:00 - 19:55

Bodybalance
Laura

Dienstag , 01.10

18:15 - 18:45

Interval Training
Céline H.

18:45 - 19:15

Core Training
Céline H.

19:15 - 20:10

Functional Workout
Céline H.

Mittwoch , 02.10

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Donnerstag , 03.10

18:30 - 19:25

Fitboxe
Céline B.

Freitag , 04.10

18:30 - 19:25

Zumba
Andrea

Samstag , 05.10

Sonntag , 06.10