

Montag , 09.09

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 10.09

18:15 - 18:45

Interval Training
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mittwoch , 11.09

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Donnerstag , 12.09

19:00 - 19:55

Fitboxe
Ruth

Freitag , 13.09

18:30 - 19:25

Zumba
Andrea

Samstag , 14.09

Sonntag , 15.09