

Montag , 26.08

Dienstag , 27.08

**18:15 - 18:45**

*Interval Training*  
Sandra

**18:45 - 19:15**

*Core Training*  
Sandra

**19:15 - 20:10**

*Functional Workout*  
Sandra

Mittwoch , 28.08

**18:00 - 18:55**

*Zumba*  
Andrea

**19:10 - 20:05**

*Pump*  
Anna

Donnerstag , 29.08

**18:30 - 19:25**

*Fitboxe*  
Céline B.

Freitag , 30.08

**18:30 - 19:25**

*Zumba*  
Andrea

Samstag , 31.08

Sonntag , 01.09