

Montag , 01.07

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 02.07

18:15 - 19:10

Interval Training
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mittwoch , 03.07

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Donnerstag , 04.07

18:30 - 19:25

Fitboxe
Céline B.

Freitag , 05.07

Samstag , 06.07

Sonntag , 07.07