

Montag , 10.06

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 11.06

18:15 - 19:10

Interval Training
Sandra

18:45 - 19:15

Core Training
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mittwoch , 12.06

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Sandra

Donnerstag , 13.06

19:00 - 19:55

Fitboxe
Ruth

Freitag , 14.06

18:30 - 19:25

Zumba
Andrea

Samstag , 15.06

Sonntag , 16.06