

### Montag , 04.12

**18:00 - 18:55**

*Kick Power*  
Sonia

**19:00 - 19:55**

*Yoga*  
Sonia

### Dienstag , 05.12

**18:15 - 18:45**

*P.I.I.T*  
Sandra

**18:45 - 19:15**

*Core Training*  
Sandra

**19:15 - 20:10**

*Upcon*  
Sandra

### Mittwoch , 06.12

**18:00 - 18:55**

*Zumba*  
Andrea

**19:10 - 20:05**

*Pump*  
Anna

### Donnerstag , 07.12

**18:30 - 19:25**

*Fitboxe*  
Céline B.

### Freitag , 08.12

**18:30 - 19:25**

*Zumba*  
Andrea

### Samstag , 09.12

### Sonntag , 10.12