

Montag , 24.03

09:05 - 10:00

Pump
Ajla

10:10 - 10:55

Yoga
Ajla

18:00 - 18:55

Muscle Work
Katja

19:05 - 20:00

Fitboxe
Nicole

Dienstag , 25.03

09:05 - 10:00

Rückengymnastik
Liz

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Nina

Mittwoch , 26.03

09:05 - 10:00

Pump
Ajla

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

19:20 - 20:15

Pilates
Valentina

Donnerstag , 27.03

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:05 - 20:00

Yoga
Sabin

Freitag , 28.03

09:05 - 10:00

Zumba
Miriam

Samstag , 29.03

Sonntag , 30.03

09:00 - 09:55

Pump
Sandra

10:10 - 11:05

Pilates
Sandra