

Montag , 30.12

09:05 - 10:00

Pump
Ajla

10:10 - 10:55

Yoga
Ajla

18:00 - 18:55

Pump
Katja

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 31.12

Mittwoch , 01.01

Donnerstag , 02.01

09:05 - 10:00

Pilates Special
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nena Nevenka

Freitag , 03.01

09:05 - 10:00

Zumba
Miriam

Samstag , 04.01

Sonntag , 05.01

09:00 - 09:55

Pump
Sandra

10:10 - 11:05

Pilates
Sandra