

Montag , 12.08

09:05 - 10:00

Pump
Ajla

10:10 - 10:55

Power Yoga
Katja

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Nena Nevenka

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 13.08

09:05 - 10:00

Rückengymnastik
Liz

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Nina

Mittwoch , 14.08

09:05 - 10:00

Pump
Michelle

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Nicole

Donnerstag , 15.08

09:05 - 10:00

Pilates
Ajla

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Monika

19:00 - 19:55

Fitboxe
Sandy

Freitag , 16.08

09:05 - 10:00

Zumba
Miriam

Samstag , 17.08

Sonntag , 18.08

09:00 - 09:55

Pump
Michelle

10:10 - 11:05

Pilates
Aiyana