

Montag , 15.07

09:05 - 10:00

Pump
Katja

10:10 - 10:55

Power Yoga
Katja

18:00 - 18:55

Pump
Veronica

19:15 - 20:10

Fitboxe
Marina

Dienstag , 16.07

09:05 - 10:00

Rückengymnastik
Liz

18:00 - 18:55

Zumba
Leonith

19:05 - 20:00

Power Yoga
Nina

Mittwoch , 17.07

09:05 - 10:00

Pump
Katja

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

Donnerstag , 18.07

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

Freitag , 19.07

Samstag , 20.07

Sonntag , 21.07