

Montag , 08.07

09:05 - 10:00

Pump
Ajla

10:10 - 10:55

Power Yoga
Tatjana

18:00 - 18:55

Pump
Monika

19:15 - 20:10

Fitboxe
Marina

Dienstag , 09.07

09:05 - 10:00

Rückengymnastik
Liz

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Nina

Mittwoch , 10.07

09:05 - 10:00

Pump
Katja

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

Donnerstag , 11.07

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandy

Freitag , 12.07

Samstag , 13.07

Sonntag , 14.07