

Montag , 01.07

09:05 - 10:00 <i>Pump</i> Ajla	10:10 - 10:55 <i>Power Yoga</i> Vesna	18:00 - 18:55 <i>Pump</i> Nicole	19:15 - 20:10 <i>Fitboxe</i> Nicole
---	--	---	--

Dienstag , 02.07

09:05 - 10:00 <i>Rückengymnastik</i> Liz	18:00 - 18:55 <i>Zumba</i> Diana	19:05 - 20:00 <i>Power Yoga</i> Nina
---	---	---

Mittwoch , 03.07

09:05 - 10:00 <i>Pump</i> Michelle	10:30 - 11:25 <i>Spiralkraft</i> Monika	18:15 - 19:10 <i>Pump</i> Veronica
---	--	---

Donnerstag , 04.07

09:05 - 10:00 <i>Pilates</i> Valentina	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Selina	19:00 - 19:55 <i>Fitboxe</i> Sandy
---	--	---

Freitag , 05.07

09:05 - 10:00 <i>Zumba</i> Miriam
--

Samstag , 06.07

Sonntag , 07.07