

Montag , 20.05

Dienstag , 21.05

**09:05 - 10:00**

*Rückengymnastik*  
Eva

**18:00 - 18:55**

*Zumba*  
Diana

**19:05 - 20:00**

*Power Yoga*  
Nina

Mittwoch , 22.05

**09:05 - 10:00**

*Pump*  
Ajla

**10:30 - 11:25**

*Spiralkraft*  
Monika

**18:15 - 19:10**

*Pump*  
Veronica

Donnerstag , 23.05

**09:05 - 10:00**

*Pilates*  
Vasiliki

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Selina

**19:00 - 19:55**

*Fitboxe*  
Sandy

Freitag , 24.05

**09:05 - 10:00**

*Zumba*  
Miriam

Samstag , 25.05

Sonntag , 26.05

**09:00 - 09:55**

*Pump*  
Michelle

**10:10 - 11:05**

*Pilates*  
Eva