

Montag , 29.04

09:05 - 10:00 <i>Pump</i> Ajla	10:10 - 10:55 <i>Power Yoga</i> Katja	18:00 - 18:55 <i>Pump</i> Nicole	19:15 - 20:10 <i>Fitboxe</i> Nicole
---	--	---	--

Dienstag , 30.04

09:05 - 10:00 <i>Rückengymnastik</i> Liz	18:00 - 18:55 <i>Zumba</i> Olivia	19:05 - 20:00 <i>Power Yoga</i> Nina
---	--	---

Mittwoch , 01.05

09:05 - 10:00 <i>Pump</i> Ajla	10:30 - 11:25 <i>Spiralkraft</i> Monika	18:15 - 19:10 <i>Pump</i> Veronica
---	--	---

Donnerstag , 02.05

09:05 - 10:00 <i>Pilates</i> Vasiliki	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Selina	19:00 - 19:55 <i>Fitboxe</i> Sandy
--	--	---

Freitag , 03.05

09:05 - 10:00 <i>Zumba</i> Miriam
--

Samstag , 04.05

Sonntag , 05.05

09:00 - 09:55 <i>Pump</i> Ajla	10:10 - 11:05 <i>Pilates</i> Ajla
---	--