

Montag , 25.03

09:05 - 10:00

Pump
Ajla

10:10 - 10:55

Power Yoga
Katja

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 26.03

09:05 - 10:00

Rückengymnastik
Eva

18:00 - 18:55

Zumba
Miriam

19:05 - 20:00

Power Yoga
Kim

Mittwoch , 27.03

09:05 - 10:00

Pump
Ajla

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

Donnerstag , 28.03

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandy

Freitag , 29.03

Samstag , 30.03

Sonntag , 31.03