

Montag , 22.01

09:10 - 10:05 <i>Pump</i> Ajla	18:00 - 18:55 <i>Pump</i> Monika	19:15 - 20:10 <i>Fitboxe</i> Nicole
---	---	--

Dienstag , 23.01

09:05 - 10:00 <i>Yoga</i> Nadine	18:00 - 18:55 <i>Zumba</i> Miriam	19:05 - 20:00 <i>Power Yoga</i> Liliya
---	--	---

Mittwoch , 24.01

09:05 - 10:00 <i>Pump</i> Ajla	10:30 - 11:25 <i>Spiralkraft</i> Monika	18:15 - 19:10 <i>Pump</i> Veronica
---	--	---

Donnerstag , 25.01

09:05 - 10:00 <i>Pilates</i> Vasiliki	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Selina	19:00 - 19:55 <i>Fitboxe</i> Sandy
--	--	---

Freitag , 26.01

09:05 - 10:00 <i>Zumba</i> Miriam
--

Samstag , 27.01

Sonntag , 28.01

09:00 - 10:00 <i>Pump</i> Sandra	10:10 - 11:05 <i>Pilates</i> Sandra
---	--