

### Montag , 11.12

<b>09:10 - 10:05</b> <i>Pump</i> Ajla	<b>18:00 - 18:55</b> <i>Pump</i> Monika	<b>19:15 - 20:10</b> <i>Fitboxe</i> Nicole
---	---	--

### Dienstag , 12.12

<b>09:05 - 10:00</b> <i>Yoga</i> Nadine	<b>18:00 - 18:55</b> <i>Zumba</i> Diana	<b>19:05 - 20:00</b> <i>Power Yoga</i> Michaela
---	---	---

### Mittwoch , 13.12

<b>09:05 - 10:00</b> <i>Pump</i> Ajla	<b>10:30 - 11:25</b> <i>Spiralkraft</i> Monika	<b>18:15 - 19:10</b> <i>Pump</i> Veronica
---	--	---

### Donnerstag , 14.12

<b>09:05 - 10:00</b> <i>Pilates</i> Vasiliki	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Selina	<b>19:00 - 19:55</b> <i>Fitboxe</i> Sandy
--	--	---

### Freitag , 15.12

<b>09:05 - 10:00</b> <i>Zumba</i> Miriam
--

### Samstag , 16.12

### Sonntag , 17.12

<b>09:00 - 09:55</b> <i>Pump</i> Ajla	<b>10:10 - 11:05</b> <i>Pilates</i> Giobana
---	---