

Montag , 03.07

09:10 - 10:05 <i>Pump</i> Michelle	18:00 - 18:55 <i>Pump</i> Kim	19:15 - 20:10 <i>Fitboxe</i> Nicole
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Dienstag , 04.07

09:05 - 10:00 <i>Yoga</i> Isabelle	18:00 - 18:55 <i>Zumba</i> Diana	19:05 - 20:00 <i>Power Yoga</i> Kim
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Mittwoch , 05.07

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Selina	10:30 - 11:25 <i>Spiralkraft</i> Monika	18:15 - 19:10 <i>Pump</i> Morena
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Donnerstag , 06.07

09:05 - 10:00 <i>Pilates</i> Vasiliki	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Selina	19:00 - 19:55 <i>Fitboxe</i> Sandra
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Freitag , 07.07

09:05 - 10:00 <i>Zumba</i> Miriam
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Samstag , 08.07

Sonntag , 09.07