

Montag , 17.04

09:10 - 10:05

Pump
Katja

18:00 - 18:55

Pump
Katja

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 18.04

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mittwoch , 19.04

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

10:30 - 11:25

Spiralkraft
Vivienne

18:15 - 19:10

Pump
Monika

Donnerstag , 20.04

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

Freitag , 21.04

09:05 - 10:00

Zumba
Miriam

Samstag , 22.04

Sonntag , 23.04

09:00 - 09:55

Pump
Vicky

10:10 - 11:05

Pilates
Vicky