

### Montag , 02.12

**09:30 - 10:25**

*Pump*  
Ursi

**18:20 - 18:50**

*P.I.I.T*  
Susanne

**19:00 - 19:55**

*Fitboxe*  
Susanne

### Dienstag , 03.12

**18:00 - 18:55**

*Fighttime 55'*  
Manuela

### Mittwoch , 04.12

**10:15 - 11:10**

*Pilates*  
Rebecca

**18:00 - 18:55**

*Pump*  
Sandra

**19:00 - 19:55**

*Zumba*  
Cristina

### Donnerstag , 05.12

**18:30 - 19:25**

*Powerstep*  
Susanne

**19:30 - 20:25**

*Fitboxe*  
Susanne

### Freitag , 06.12

### Samstag , 07.12

### Sonntag , 08.12

**10:00 - 10:55**

*Fitboxe*  
Miriam