

### Montag , 04.11

**09:30 - 10:25**

*Pump*  
Ursi

**18:20 - 18:50**

*P.I.I.T*  
Susanne

**19:00 - 19:55**

*Fitboxe*  
Susanne

### Dienstag , 05.11

**18:00 - 18:55**

*Fighttime 55'*  
Susanne

### Mittwoch , 06.11

**10:15 - 11:10**

*Pilates*  
Cordelia

**18:00 - 18:55**

*Pump*  
Nadine

**19:00 - 19:55**

*Zumba*  
Cristina

### Donnerstag , 07.11

**18:30 - 19:25**

*Powerstep*  
Susanne

**19:30 - 20:25**

*Fitboxe*  
Susanne

### Freitag , 08.11

### Samstag , 09.11

### Sonntag , 10.11

**10:00 - 10:55**

*Fitboxe*  
Jeong Min