

**Montag , 18.12**

**09:30 - 10:25**

*Pump*  
Ursi

**18:20 - 18:50**

*P.I.I.T*  
Susanne

**19:00 - 19:55**

*Fitboxe*  
Susanne

**Dienstag , 19.12**

**09:30 - 10:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sandra

**18:00 - 18:55**

*Fighttime 55'*  
Manuela

**19:00 - 19:55**

*Zumba*  
Petra

**Mittwoch , 20.12**

**09:30 - 10:25**

*Yoga*  
Marina

**Donnerstag , 21.12**

**18:30 - 19:25**

*Powerstep*  
Susanne

**19:30 - 20:25**

*Fitboxe*  
Susanne

**Freitag , 22.12**

**Samstag , 23.12**

**Sonntag , 24.12**

**10:00 - 10:55**

*Fitboxe*  
Susanne