

Montag , 04.12

09:30 - 10:25

Pump
Ursi

18:20 - 18:50

P.I.I.T
Susanne

19:00 - 19:55

Fitboxe
Susanne

Dienstag , 05.12

09:30 - 10:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

18:00 - 18:55

Fighttime 55'
Manuela

19:00 - 19:55

Zumba
Petra

Mittwoch , 06.12

09:30 - 10:25

Yoga
Marina

Donnerstag , 07.12

18:30 - 19:25

Powerstep
Susanne

19:30 - 20:25

Fitboxe
Susanne

Freitag , 08.12

Samstag , 09.12

Sonntag , 10.12

10:00 - 10:55

Fitboxe
Natalie