

Montag , 07.04

09:00 - 09:55

Yoga
Christina

18:00 - 18:55

Yoga
Angela

19:05 - 20:00

Pump
Laura

Dienstag , 08.04

08:50 - 09:45

Zumba
Yered

18:00 - 18:55

TRX
Gabriela

19:05 - 20:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

Mittwoch , 09.04

18:00 - 18:55

Circuit Training
Anna

Donnerstag , 10.04

09:00 - 09:55

Pilates
Katja

18:00 - 18:55

Zumba
Yered

19:05 - 20:00

Pump
Laura

Freitag , 11.04

18:00 - 18:55

Yoga
Kerstin

Samstag , 12.04

Sonntag , 13.04