

### Montag , 09.12

**09:00 - 09:55**

*Yoga*  
Christina

**18:00 - 18:55**

*Yoga*  
Angela

**19:05 - 20:00**

*Pump*  
Laura

### Dienstag , 10.12

**08:50 - 09:45**

*Zumba*  
Yered

**18:00 - 18:55**

*TRX*  
Gabriela

### Mittwoch , 11.12

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sandra

**19:00 - 19:25**

*P.I.I.T*  
Sandra

### Donnerstag , 12.12

**09:00 - 09:55**

*Pilates*  
Katja

**18:00 - 18:55**

*Zumba*  
Yered

**19:05 - 20:00**

*Pump*  
Laura

### Freitag , 13.12

### Samstag , 14.12

### Sonntag , 15.12