

**Montag , 02.12**

**09:00 - 09:55**

*Yoga*  
Christina

**18:00 - 18:55**

*Yoga*  
Angela

**19:05 - 20:00**

*Pump*  
Laura

**Dienstag , 03.12**

**08:50 - 09:45**

*Zumba*  
Yered

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sandra

**Mittwoch , 04.12**

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sandra

**19:00 - 19:25**

*P.I.I.T*  
Sandra

**Donnerstag , 05.12**

**09:00 - 09:55**

*Pilates*  
Katja

**18:00 - 18:55**

*Zumba*  
Yered

**19:05 - 20:00**

*Pump*  
Laura

**Freitag , 06.12**

**Samstag , 07.12**

**Sonntag , 08.12**