

**Montag , 16.09**

**09:00 - 09:55**

Yoga  
Christina

**18:00 - 18:55**

Yoga  
Angela

**Dienstag , 17.09**

**08:50 - 09:45**

Zumba  
Manuela

**18:00 - 18:55**

TRX  
Gabriela

**Mittwoch , 18.09**

**18:00 - 18:55**

BBP (Bauch, Beine, Po) /  
Bodytone  
Sandra

**19:00 - 19:25**

P.I.I.T  
Sandra

**Donnerstag , 19.09**

**09:00 - 09:55**

Pilates  
Katja

**18:00 - 18:55**

BBP (Bauch, Beine, Po) /  
Bodytone  
Sandra

**Freitag , 20.09**

**Samstag , 21.09**

**Sonntag , 22.09**