

Montag , 14.04

18:00 - 18:55

Pump
Melanie

19:05 - 20:00

Pilates
Andrea

Dienstag , 15.04

09:15 - 10:10

Functional Workout
Boglarka

10:15 - 10:45

Stretching
Boglarka

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Yvonne

19:05 - 20:00

Fighttime 55'
Nicole

Mittwoch , 16.04

09:15 - 10:10

Rückenfit
Olivia

18:00 - 18:30

Simply Core
Sarina

18:40 - 19:35

Pump
Sarina

Donnerstag , 17.04

09:15 - 09:45

Upcon
Boglarka

09:50 - 10:45

Pilates
Boglarka

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

19:05 - 20:00

Yoga
Leonie

Freitag , 18.04

Samstag , 19.04

Sonntag , 20.04