

Montag , 31.03

09:30 - 10:25 <i>Pump</i> Carmen	18:00 - 18:55 <i>Pump</i> Melanie	19:05 - 20:00 <i>Pilates</i> Andrea
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Dienstag , 01.04

09:15 - 10:10 <i>Functional Workout</i> Boglarka	10:15 - 10:45 <i>Stretching</i> Boglarka	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Yvonne	19:05 - 20:00 <i>Fighttime 55'</i> Nicole
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Mittwoch , 02.04

09:15 - 10:10 <i>Rückenfit</i> Olivia	18:00 - 18:30 <i>Simply Core</i> Sarina	18:40 - 19:35 <i>Pump</i> Sarina
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Donnerstag , 03.04

09:15 - 09:45 <i>Upcon</i> Boglarka	09:50 - 10:45 <i>Pilates</i> Boglarka	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sandra	19:05 - 20:00 <i>Yoga</i> Leonie
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Freitag , 04.04

09:10 - 10:00 <i>Power Yoga</i> Boglarka

Samstag , 05.04

Sonntag , 06.04

10:00 - 10:55 <i>Pump</i> Yvonne
