

**Montag , 26.08**

**09:30 - 10:25**

*Pump*  
Carmen

**19:05 - 20:00**

*Pilates*  
Andrea

**Dienstag , 27.08**

**09:15 - 10:10**

*Functional Workout*  
Carmen

**10:15 - 10:45**

*Stretching*  
Carmen

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Yvonne

**19:05 - 20:00**

*Full Body Workout*  
Nicole

**20:05 - 21:00**

*Yoga*  
Leonie

**Mittwoch , 28.08**

**09:15 - 10:10**

*Rückenfit*  
Olivia

**18:00 - 18:30**

*Simply Core*  
Dominic

**18:40 - 19:35**

*Pump*  
Dominic

**Donnerstag , 29.08**

**09:15 - 09:45**

*Upcon*  
Carmen

**09:50 - 10:45**

*Pilates*  
Carmen

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) / Bodytone*  
Sandra

**Freitag , 30.08**

**09:30 - 10:25**

*Functional Workout*  
Carmen

**Samstag , 31.08**

**Sonntag , 01.09**

**10:00 - 10:55**

*Pump*  
Sarina