

Montag , 05.08

Dienstag , 06.08

09:15 - 10:10

Functional Workout
Anne

10:15 - 10:45

Stretching
Anne

20:05 - 21:00

Yoga
Leonie

Mittwoch , 07.08

09:15 - 10:10

Yoga
Leonie

18:00 - 18:30

Simply Core
Sarina

18:40 - 19:35

Pump
Sarina

Donnerstag , 08.08

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

Freitag , 09.08

Samstag , 10.08

Sonntag , 11.08

10:00 - 10:55

Pump
Sarina