

Montag , 29.07

19:05 - 20:00

Pilates
Andrea

Dienstag , 30.07

09:15 - 10:10

Functional Workout
Anne

10:15 - 10:45

Stretching
Anne

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

20:05 - 21:00

Yoga
Leonie

Mittwoch , 31.07

09:15 - 10:10

Rückenfit
Olivia

18:00 - 18:30

Simply Core
Sarina

18:40 - 19:35

Pump
Sarina

Donnerstag , 01.08

Freitag , 02.08

Samstag , 03.08

Sonntag , 04.08

10:00 - 10:55

Pump
Sarina