

Montag , 08.07

<b>09:30 - 10:25</b> <i>Pump</i> Carmen	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Nicole	<b>19:05 - 20:00</b> <i>Pilates</i> Andrea
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Dienstag , 09.07

<b>09:15 - 10:10</b> <i>Functional Workout</i> Carmen	<b>10:15 - 10:45</b> <i>Stretching</i> Carmen	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Yvonne	<b>19:05 - 20:00</b> <i>Full Body Workout</i> Nicole
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Mittwoch , 10.07

<b>09:15 - 10:10</b> <i>Rückenfit</i> Olivia	<b>18:00 - 18:30</b> <i>Simply Core</i> Sarina	<b>18:40 - 19:35</b> <i>Pump</i> Sarina
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Donnerstag , 11.07

<b>09:15 - 09:45</b> <i>Upcon</i> Carmen	<b>09:50 - 10:45</b> <i>Pilates</i> Carmen	<b>18:00 - 18:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sandra
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Freitag , 12.07

Samstag , 13.07

Sonntag , 14.07