

Montag , 14.04

09:30 - 10:25

Pilates
Alina

18:00 - 18:30

Pump i.t.
Dominic

18:35 - 19:05

P.I.I.T
Dominic

19:15 - 20:10

Dance Aerobic / Dance Mix
Camila

Dienstag , 15.04

18:00 - 18:55

Rückengymnastik
Csilla

19:10 - 20:05

BBP (Bauch, Beine, Po) / Bodytone
Alina

Mittwoch , 16.04

09:00 - 09:55

Yoga
Alina

17:35 - 18:30

Pilates
Alina

19:00 - 19:55

Pump
Vittoria

Donnerstag , 17.04

18:00 - 18:55

Yoga
Alina

19:15 - 20:10

Cycling
Remo

Freitag , 18.04

Samstag , 19.04

09:30 - 10:25

Mobility
Alina

Sonntag , 20.04