

**Montag , 21.10**

<b>09:30 - 10:25</b> <i>Pilates</i> Giobana	<b>18:00 - 18:25</b> <i>Pump i.t.</i> Dominic	<b>18:35 - 19:05</b> <i>P.I.I.T</i> Dominic	<b>19:15 - 20:10</b> <i>Dance Aerobic / Dance Mix</i> Larissa
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**Dienstag , 22.10**

<b>18:00 - 18:55</b> <i>Rückengymnastik</i> Csilla	<b>19:10 - 20:05</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Alina
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**Mittwoch , 23.10**

<b>09:00 - 09:55</b> <i>Yoga</i> Giobana	<b>17:35 - 18:30</b> <i>Pilates</i> Giobana	<b>19:00 - 19:55</b> <i>Pump</i> Vittoria
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**Donnerstag , 24.10**

<b>09:00 - 09:55</b> <i>Pump</i> Vittoria	<b>18:00 - 18:55</b> <i>Yoga</i> Giobana	<b>19:15 - 20:10</b> <i>Cycling</i> Remo
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**Freitag , 25.10**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Alina	<b>18:00 - 18:55</b> <i>Functional Workout</i> Vittoria	<b>19:00 - 19:55</b> <i>Zumba</i> Katarzyna
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**Samstag , 26.10**

**Sonntag , 27.10**

<b>09:00 - 09:55</b> <i>Mobility</i> Alina
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