

**Montag , 29.07**

**09:30 - 10:25**

*Pilates*  
Giobana

**18:00 - 18:25**

*Pump i.t.*  
Dominic

**18:35 - 19:00**

*P.I.I.T*  
Dominic

**Dienstag , 30.07**

**18:00 - 18:55**

*Rückengymnastik*  
Csilla

**19:10 - 20:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Alina

**Mittwoch , 31.07**

**09:00 - 09:55**

*Yoga*  
Giobana

**17:35 - 18:30**

*Pilates*  
Giobana

**19:00 - 19:55**

*Pump*  
Dominic

**Donnerstag , 01.08**

**Freitag , 02.08**

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Alina

**18:00 - 18:55**

*Functional Workout*  
Alina

**19:00 - 19:55**

*Zumba*  
Katarzyna

**Samstag , 03.08**

**Sonntag , 04.08**