

Montag , 10.06

09:30 - 10:25

Pilates
Alina

18:00 - 18:25

Pump i.t.
Dominic

18:35 - 19:00

P.I.I.T
Dominic

19:15 - 20:10

Zumba
Katarzyna

Dienstag , 11.06

18:00 - 18:55

Rückengymnastik
Csilla

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

Mittwoch , 12.06

09:00 - 09:55

Yoga
Alina

17:35 - 18:30

Pilates
Alina

Donnerstag , 13.06

18:00 - 18:55

Yoga
Larissa

19:15 - 20:10

Cycling
Remo

Freitag , 14.06

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

18:00 - 18:55

Functional Workout
Vittoria

19:00 - 19:55

Zumba
Katarzyna

Samstag , 15.06

Sonntag , 16.06