

Montag , 06.05

09:30 - 10:25

Pilates
Giobana

18:00 - 18:25

Pump i.t.
Dominic

18:35 - 19:00

P.I.I.T
Dominic

19:15 - 20:10

Zumba
Katarzyna

Dienstag , 07.05

18:00 - 18:55

Rückengymnastik
Alina

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

Mittwoch , 08.05

09:00 - 09:55

Yoga
Giobana

17:35 - 18:30

Pilates
Giobana

19:00 - 19:55

Pump
Dominic

Donnerstag , 09.05

Freitag , 10.05

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

18:00 - 18:55

Functional Workout
Vittoria

19:00 - 19:55

Zumba
Katarzyna

Samstag , 11.05

Sonntag , 12.05