

Montag , 25.03

09:30 - 10:25

Pilates
Giobana

18:00 - 18:25

Pump i.t.
Dominic

18:35 - 19:00

P.I.I.T
Dominic

19:15 - 20:10

Zumba
Katarzyna

Dienstag , 26.03

18:00 - 18:55

Rückengymnastik
Csilla

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

Mittwoch , 27.03

09:00 - 09:55

Yoga
Giobana

17:35 - 18:30

Pilates
Giobana

19:00 - 19:55

Pump
Vittoria

Donnerstag , 28.03

09:00 - 09:55

Pump
Vittoria

18:00 - 18:55

Yoga
Alina

19:15 - 20:10

Cycling
Remo

Freitag , 29.03

Samstag , 30.03

Sonntag , 31.03