

### Montag , 06.01

#### 09:10 - 10:05

*Pump*  
Sally

#### 18:00 - 18:55

*Zumba*  
Maja

#### 19:00 - 19:55

*Pump*  
Maja

### Dienstag , 07.01

#### 09:10 - 10:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

#### 18:15 - 19:10

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

#### 19:00 - 20:25

*Yoga*  
Isabel

### Mittwoch , 08.01

#### 18:00 - 18:55

*Functional Workout*  
Sally

### Donnerstag , 09.01

#### 09:10 - 10:05

*Pilates*  
Sally

#### 18:15 - 18:45

*P.I.I.T*  
Maja

#### 19:00 - 19:55

*Pump*  
Maja

### Freitag , 10.01

#### 09:10 - 10:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

#### 18:00 - 18:55

*Pilates*  
Sally

### Samstag , 11.01

#### 10:00 - 10:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

### Sonntag , 12.01