

Montag , 18.11

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Mirjam

19:00 - 19:55

Pump
Maja

Dienstag , 19.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Agnes

Mittwoch , 20.11

18:00 - 18:55

Functional Workout
Sally

Donnerstag , 21.11

09:10 - 10:05

Pilates
Sally

18:15 - 18:45

P.I.I.T
Maja

19:00 - 19:55

Pump
Maja

Freitag , 22.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

18:00 - 18:55

Pilates
Sally

Samstag , 23.11

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

Sonntag , 24.11