

Montag , 11.11

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Maja

19:00 - 19:55

Pump
Maja

Dienstag , 12.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

19:30 - 20:25

Yoga
Isabel

Mittwoch , 13.11

18:00 - 18:55

Functional Workout
Sally

Donnerstag , 14.11

09:10 - 10:05

Pilates
Sally

18:15 - 18:45

P.I.I.T
Maja

19:00 - 19:55

Pump
Maja

Freitag , 15.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:00 - 18:55

Pilates
Sally

Samstag , 16.11

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

Sonntag , 17.11