

Montag , 28.10

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Mirjam

19:00 - 19:55

Pump
Sally

Dienstag , 29.10

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

19:30 - 20:25

Yoga
Isabel

Mittwoch , 30.10

18:00 - 18:55

Functional Workout
Sally

Donnerstag , 31.10

09:10 - 10:05

Pilates
Sally

18:30 - 18:55

P.I.I.T
Petra

19:05 - 20:00

Pump
Sally

Freitag , 01.11

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

18:00 - 18:55

Pilates
Sally

Samstag , 02.11

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Sonntag , 03.11