

### Montag , 07.10

#### 09:10 - 10:05

*Pump*  
Sally

#### 18:00 - 18:55

*Zumba*  
Elena

#### 19:00 - 19:55

*Pump*  
Sally

### Dienstag , 08.10

#### 09:10 - 10:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

#### 18:15 - 19:10

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

#### 19:30 - 20:25

*Yoga*  
Isabel

### Mittwoch , 09.10

#### 18:00 - 18:55

*Functional Workout*  
Sally

### Donnerstag , 10.10

#### 09:10 - 10:05

*Pilates*  
Sally

#### 18:30 - 18:55

*P.I.I.T*  
Petra

#### 19:05 - 20:00

*Pump*  
Maja

### Freitag , 11.10

#### 09:10 - 10:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

#### 18:00 - 18:55

*Pilates*  
Sally

### Samstag , 12.10

#### 10:00 - 10:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

### Sonntag , 13.10